

School  
Number  
352-0224  
Bus Number  
352-2239



# Early Education & Family Wellness Centre's Newsflash



Issue Number: 5 January 2017

## Great Snow Ideas...



### -Hoop It Up

Grab a few hula hoops, and have a contest to see who can last the longest. It's a lot harder when you're all bundled up!



### -Shake It Up!

Use strong glue to attach a plastic toy to the inside of a jar lid, then add baby oil and glitter for a homemade snow globe; it makes a fun souvenir of a great day.



### -Cool Critters

Use bits of nature to embellish animals sculpted from snow.



### -For the Birds

Hollow out an orange and fill with seeds to feed your feathered friends.





### **Anxiety, Fear, and Worry: A Playful Parenting Approach**

Does your child experience fear, excessive worry, avoiding activities, or difficulty separating from a parent? Anxiety can be a very uncomfortable emotion for children and can pose many challenges for parents. Join us for an evening of discussion about childhood anxiety and fear. Participants will come away with a better understanding of anxiety and strategies to help them connect with their anxious child and help them learn to manage these big scary feelings in a playful way.

Come to this **free** workshop with **free childcare**.

**When:** Wednesday, January 11, 2017  
6:00-7:30 pm

**Presenter:** Sarah Bailer, OT--WRPS

**Where:** Early Education & Family Wellness Centre  
5606 47 Street

#### **To register:**

- If requiring childcare, registration will be mandatory so all may be accommodated!
- Phone: 780-352-0224
- Or email: [lisa.cottrell@wrps11.ca](mailto:lisa.cottrell@wrps11.ca) or [jane.carlson@wrps11.ca](mailto:jane.carlson@wrps11.ca)

### **Inclement Weather:**



As you all know, January has been known to be the “deep freeze” month in Alberta. Please take note of the inclement weather brochure. Schools *will* remain open in the event of inclement weather but school bus services may be suspended due to adverse road or weather conditions that jeopardize the safety of students.

Parents are not required to send their children to school if, in their judgment, weather conditions are detrimental to the safety or well-being of their children.



For further information refer to AP 132 and corresponding documents; Transportation Handbook and Inclement Weather Brochure or refer to the WRPS website



### **Dates To Remember...**

**Tues. Jan.3- Program Resumes**  
**Jan.27 - No School**, staff planning day

